

Report to Hackney Health and Wellbeing Board

Item No:		Date:	21 June 2017
Subject:	Mental Health Programme Board – Five to Thrive		
Report From:	Report Author: Jairzina Weir Designation: Project Manager – Mental Health Programme Board		
	<p>Introduction</p> <p>.</p> <p>As part of the Prevention workstream in integrated commissioning, we will work with key partners and stakeholders to raise awareness and embed the five to thrive principles in the way of life for residents of City & Hackney. It is expected that this will prevent the onset of ill health, prevent escalation and facilitate recovery thus incurring significant reduction in demands on health services.</p> <p>Progress update</p> <ul style="list-style-type: none"> • New leaflets and posters have been designed and have been distributed to all GP practices, and Pharmacies in City & Hackney. There are plans to distribute to local libraries, community health teams and other areas. • The Five to thrive website has been updated with local events videos and other MH resources. • The new GP confederation contract will encourage GPs to give five to thrive leaflets and website details to patients as part of depression reviews and this will be monitored by the Clinical Effectiveness Group. • Members of the MHPB liaised with the Richmond Road GP practice which held a MH awareness day 11th May to promote five to thrive. • Five to thrive will be part of the Primary Care Wellbeing App currently being designed by the GP Confederation. • It is being used in Extended Primary Care recovery plans for patients in our Enhanced Primary Care service. • Five to thrive is part of the over-arching wellbeing strategy for schools by Hackney Learning Trust. • It has been incorporated in the lesson plans for secondary schools available from Family Action. • We have linked Five to thrive to the ELFT Recovery College • Five to thrive is embedded in all our MH Alliances 		

- It is part of the Perinatal Mental Health Framework being developed by Homerton Hospital.
- All patients going through our IAPT service will receive information about five to thrive and staying mentally well.
- The CCG MH programme board has convened a five to thrive steering group which meets quarterly. Membership of this group currently includes:
 - London Borough of Hackney – Public Health
 - HCVS
 - Hackney Healthwatch
 - City of London
 - Social Prescribing
 - Long Term Conditions – Social Prescribing
 - Patient and Public Involvement
 - The Learning Trust
 - Local Pharmacy Representative
 - Local Hackney GP
 - Volunteer Centre Hackney

The next steering group meeting is scheduled for Tuesday 27th June at 3pm in the CCG Offices

Financial Considerations

To sustain the current advertising and promotions drive we need to secure £10,000 in recurrent funding to support the printing of leaflets, posters, updating and maintenance of the website and long term support of the initiative.

Report Author: Jairzina Weir

Designation: Project Manager – Mental Health Programme Board

Organisation: City & Hackney CCG

Date: 12/06/17

DRAFT